

CRANIAL WORKSHOPS
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001-707-829-7816 (8 hours earlier in California)
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COURSE OUTLINE

MODULE I:

- A) ORIENTATION

- B) PRESENCE, NEGOTIATION, PALPATION, PERCEPTION & THE CONCEPT OF "THE INHERENT TREATMENT PLAN"

- C) GENERAL CRANIAL MOBILIZATION (within the CRI & Long Tide)
 - 1. Venous Sinus Technique
 - 2. Occipito-Atlantal Decompression
 - 3. "Spider Walk"
 - Occipital-Mastoid Decompression
 - Simultaneous Sagittal & Lambdoidal Sutural Decompression
 - Simultaneous Coronal-Sagittal (anterior aspect) – "Metopic" Sutural Decompression
 - 4. Simultaneous Facial Sutural Decompression
 - 5. "Around The Clock"
 - Classic Temporal Hold
 - Temporo-Zygomatic Sutural Decompression
 - Pterion Decompression
 - Parietal Lift
 - 6. Nasio-Ethmoid-Frontal Decompression ("Nose Pull")
 - 7. Transverse Intracranial Membranous Decompression ("Ear Pull")
 - 8. Frontal Lift (General Facial and Simultaneous Falx and Spheno-Basilar Decompression)
 - 9. Reciprocal and Synchronous Temporal Rocking (RTR and STR)
 - 10. TMJ Decompression (Extraoral)
 - 11. Sacrum and Lumbo-Sacral Decompression
 - 12. CV IV and EV IV

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MODULE II:

SPHENO-BASILAR/MEMBRANOUS RELEASES (within the CRI & Long Tide)

1. Flexion – Extension
2. Right and Left Side Bending Rotation
3. Right and Left Torsion
4. Right and Left Lateral Strain
5. Superior and Inferior Vertical Strain
6. Decompression
7. Spheno-Basilar “Stacking”
8. Cranial Distortional Patterns and their organizing fulcra (within the cranial-sacral system and within the broader perceptual field of the full body and “biosphere”).

MODULE III:

INTRAORAL/ TMJ RELEASES (within the CRI & Long Tide)

1. Maxilla/Palatine/Sphenoid Relationship
 - a) Right and Left Torsion
 - b) Right and Left Shear
 - c) Compression – Decompression
2. Maxillary-Palatine-Vomer-Sphenoid Release
3. Intermaxillary/Palatine Decompression (External/Internal Rotation – Flexion/Extension)
4. Zygoma Release
5. Lateral Pterygoid/Temporalis/Masseter Releases
6. “Oral Diaphragm” Release (Floor of Mouth)
7. Medial Pterygoid Release
8. Individual Teeth (inertial fulcrum releases)
9. TMJ Decompression (Intraoral)

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MODULE IV:

WIDE PERCEPTUAL FIELDS & FASCIAL PLANES AS ACCESS TO INERTIAL FULCRUMS

1. Horizontal Planes
 - Pelvic Diaphragm
 - Respiratory Diaphragm
 - Thoracic Inlet
 - Oral Diaphragm
 - Tentorium Cerebelli & Falx Cerebri
 - Joints (extremities)
2. Longitudinal Planes
3. The Matrix Web & Primal Midline Orientation

MODULE V:

BIRTH TRAUMA (a possible template for future somatic and psychodynamic trauma?)

1. Pre & Peri Natal Somatic Trauma Concepts & Experiential.
2. Pre and Peri Natal Psychodynamic Trauma Concepts and Experiential

MODULE VI:

A PERCEPTUAL DEEPENING AND BROADENING

Experiential exercises designed to take the tissue (neuro, vascular, fascial, muscular, osseous) and CRI/Long Tide awareness you've begun to experience to a much broader and deeper perceptual and therapeutic level.